

Self-Reflection Chart

What went wrong	How to improve
<p>Procrastination: I have an issue with procrastination where I cannot start a project unless it is nearing the due date and so on</p>	<p>I plan to start on assignments early and this is an issue I fixed in the last semester as on my other courses I have done well on assignments due to starting early, however since I was retaking the math course I thought I already knew a lot of the course materials and hence I didn't start preparing early enough but I know I can force myself to start preparing early as I have done it last semester for other courses.</p>
<p>Insufficient Practice</p>	<p>I know I didn't practice enough and in my mind I thought it would be okay and I would do well without it but it is a math course and unlike other subjects in math courses it isn't enough to just know the material you also have to practice to apply it and as indicated in my study plan I have it planned to include practice for every topic that this course covers</p>
<p>Over-confidence</p>	<p>I was retaking the course and I believe this to be the biggest issue and the reason I did not do well as I was sure I knew the course materials coming into the course as I was retaking and this is also what led to the other issues and since I failed the course I have been humbled and no longer an overconfident and this will be a lesson to the other course I attempt in the future as well.</p>
<p>Stress/Mindset issues: I was stressed when I was attempting the final as a few hours before the exam I had realized I hadn't practiced enough and was severely underprepared this led to me being stressed and I had this gut-wrenching feeling as I knew I was repeating the course and I was still underprepared, and I kept psyching myself out.</p>	<p>When I did start writing the exam I blanked out and could not even remember the most basic of concepts in the course. I know I can fix this, and it happened due to the lack of practice because this is the first time this has happened to me in a final exam. I have never felt the way I felt when writing this exam and I do believe I would've done better and at the very least passed the course if I did not stress myself out like that.</p>