



# China is calling: your ultimate packing checklist

-Prepared for SFU-Zhejiang University Dual Degree Program Participants

Carry-on baggage (please make sure you check with your airlines for carry-on luggage restrictions at the time of purchasing the ticket)

- Admission Notice from Zhejiang University and carry with you at least 3 photocopies** (to be used for applying for Residence Permit in Hangzhou)
- Passport and carry at least 3 photocopies of your passport** (to be used for applying for Residence Permit in Hangzhou)
- Bring 2 photocopies of your entry visa to China with you** (to be used for applying for Residence Permit in Hangzhou)

**Important tips:** Email the scanned copies of your passport and visa to yourself as well as to your family.

- At least eight 35mmx53mm passport-sized photos on a white background** (to be used for Residence Permit application and Physical Exam in China)
- Flight tickets**
- International Student Identity Card (ISIC card)**. Card can be obtained at the Travel Cuts location in the Cornerstone area: 8920 Univ. High Street
- Vaccination certificates**
- Money belt**
- One copy of SFU unofficial transcript**
- Debit card:** you may withdraw cash from a local ATM that bears the same network logo as on your card and please do not forget to scan a copy of your debit card, both the front and back sides, to your email.

**Credit card** (Scan a copy of your credit card, both the front and back sides, to your email.)

Note: Credit cards are still not widely used in China except in hotels, major restaurants and shopping centers.

**Suggestion: Have \$2500 CAD: to be saved in your Chinese bank account.**  
**(Please note non-residents of China must declare any currency with a value over US \$5000 at the Customs)**

**Suggestion: Have 5000 RMB: to be used to get through your first few weeks in China.** **(Please note the Chinese Customs requires you to declare any RMB cash over 6000 RMB, same for departure)**

Note: Prior to your departure, we suggest that you exchange around 5000 RMB (preferably fifty 100 yuan notes [元]) for the expenses that you might have in the first month after arrival. The Bank of China is located right by the Yuquan campus, where you may exchange your extra Canadian dollars to Chinese RMBs after arrival. <http://iczu.zju.edu.cn/english/type3/01031605.html>

**Samples of Chinese currency:** <http://www.chinatouronline.com/china-travel/china-travel-tips/chinese-money.html>

**Camera, memory cards and charger (Voltage in China is 220 volts)**

**Laptop and power adapter**

**Converter and adapter:** <http://www.voltageconverters.com/voltageguide.htm>

**Travel Insurance**

**Checked Baggage** (Again, please make sure you check with your airlines on the checked baggage's requirements including the luggage's dimensions when purchasing your air ticket)

**Travel guide**

**Sufficient supply of medications**

**Copies of prescriptions**

**Small first-aid kit including Band-Aid**

**Anti-diarrhea pills**

**Contact lenses and solution**

**Sunglasses**

- Watch**
- Clothes for various seasons**
- Underwear**
- Sleepwear**
- Shoes**
- Socks**
- Belts**
- Umbrella**
- Comb**
- Toothbrush and toothpaste for the first month**
- Travel size shampoo and body wash for the first week**
- Facial cleanser**
- Face cloth**
- Bath towel**
- Nail clippers**
- Shaving supplies**
- Slippers**
- Hair dryer**
- Pillow case**
- Swimwear**
- Travel locks/keys**
- Luggage tags**

Tips: Please do not panic if you forget any of the above checked-baggage items, as you can get all of them in a local grocery store or a shopping centre at a relatively cheaper price. The reason we still include those small items on this packing list is that we think having those items will make your first few weeks' transition time in China a lot easier and more convenient, as you gradually acclimate to the new environment.

## **Emergency Contacts:**

**China - SHANGHAI**, Consulate General of Canada

**Address:** ECO City Building, 8th floor, 1788 Nanjing Xi Lu - Jing An District, Shanghai, 200040, China

**Tel.:** 86 (21) 3279-2800

**Emergency toll-free to Ottawa:** 10800-1400125 (from any landline in Shanghai)

**Fax:** 86 (21) 3279-2801

**E-Mail:** [shanghai.consular@international.gc.ca](mailto:shanghai.consular@international.gc.ca)

**Internet:** <http://www.shanghai.gc.ca>

**Consular district:** The consulate general's consular district includes the following provinces/regions of China: Jiangsu, Anhui, Zhejiang, Hubei and the city of Shanghai.

For emergency assistance after hours, call the nearest Canadian government office and follow the instructions. You may also call the Emergency Watch and Response Centre in Ottawa at 613-996-8885 (collect calls accepted).

Information from: [http://www.voyage.gc.ca/countries\\_pays/report\\_rapport-eng.asp?id=55000](http://www.voyage.gc.ca/countries_pays/report_rapport-eng.asp?id=55000)